

JANUARY 2022



Sun	Mon	Tue	Wed	Thu	Fri	Sat
January is Hot Tea Month	National Activity Professional Week Juanuary 23-29					New Year Wished Tea Time 2pm New Years resolutions
Spa Day Take down Christmas decorations this week	Resident/Family Council meeting 10am east &3pm west	4 National Trivia Day January/ New Year trivia 10am	5 Bingo 10am west Bingo 1:30pm east	Fun & Fitness 10am west Fun & Fitness 1:30pm east	7 Baking 10am Tea Time 2pm	Make Homemade bread & ice cream
			National Bird Day			Elvis Presley's birthday
One on one visits National Pizza Week January 9-15	Hair Care 9am Houseplant	Bingo 1:30pm east Knitting 1pm west	Bingo 10am west Pizza lunch Games or crafts 1:30pm east	Fun & Fitness 10am west Fun & Fitness 1:30pm east	14 Baking 10am Tea Time 2pm	Bingo 10am National Hat Day wear a hat for the day
	Hymn Sing 3pm	Dolly's B-day	-			
Spa Day	Hair Care 9am Hymn Sing 3pm	Bingo 1:30pm east Knitting 1pm west	Bingo 10am west Games or crafts 1:30pm east	Fun & Fitness 10am west Fun & Fitness 1:30pm east	Baking10am Tea Time 2pm	Make homemade bread & ice cream
			National Popcorn Day	Helen's B-day		
National Handwriting Day practice handwriting	24 Hymn Sing 3pm	Bingo 1:30pm east	Bingo 10am west	Fun & Fitness 10am west	Baking 10am	29 National puzzle Day
	31	Knitting 1pm west	Games or crafts 1:30pm east	Fun & Fitness 1:30pm east	Tea Time 2pm	work on puzzles, word jig saw
		Marianne's B-day				